



## Hot Chocolate Cravings Buster

1 serving

5 minutes

### Ingredients

- 1 cup Unsweetened Almond Milk
- 1 tbsp Cocoa Powder
- 1 tsp Cinnamon
- 1/2 tsp Stevia Powder
- 1 serving Collagen Powder (get 20 grams of protein total with your collagen)
- 1 tbsp Butter ((optional))

### Directions

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Whisk all ingredients together, heat on the stove or microwave, and serving piping hot. Enjoy 1-3x/ day. If you are drinking more than once a day, consider swapping nut milk for hot water and omitting butter. If you are sensitive to butter, you can swap out for ghee.